

ADD/ADHD Resources

Margaret E. Heggan Free Public Library

You can find books to check out using the following call number range:

618.8588 – 618.9285

Search the library's catalog using the following subjects:

Attention-deficit hyperactivity disorder

1. Go to www.hegganlibrary.org
2. Type the title, author, or subject in the **Catalog Search** field.
3. Click the **arrow** next to **Search Which Library** and click **Margaret E. Heggan Free Public Library**.
4. Click **Find It!**

Non-Fiction

The books **listed** are a selection of the larger collection. Ask the **Reference Librarian** for help finding additional books.

ADHD 2.0: New Science and Essential Strategies for Thriving with Distraction from Childhood through Adulthood / Edward Hallowell 618.8589 HALLOWELL	ADHD: What Every Parent Needs to Know / Mark Wolraich 618.8589 WOLRAICH
A Radical Guide for Women with ADHD / Sari Solden 616.85889 SOLDEN	What Your ADHD Child Wishes You Knew / Sharon Saline 616.8598 SALINE

Associations

American Professional Society of ADHD and Related Disorders https://apsard.org/	Children and Adults with Attention Deficit Hyperactivity Disorder – CHADD http://www.chadd.org
Attention Deficit Disorder Association https://add.org	Understood https://www.understood.org

Library Databases

The **databases** are an excellent resource. Ask the **Reference Librarian** for assistance.

ERIC	HealthSource: Consumer Edition	MasterFile Elite
Health Reference Center	HealthSource: Nursing/Academic Edition	Points of View Reference Center

Consumer Health Websites

American Academy of Child and Adolescent Psychiatry ADHD Resource Center https://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx	FamilyDoctor - American Academy of Family Physicians ADHD https://familydoctor.org/condition/attention-deficit-hyperactivity-disorder-adhd/ Adult ADHD https://familydoctor.org/condition/adult-adhd/
American Psychiatric Association https://www.psychiatry.org/patients-families/adhd/what-is-adhd	HelpGuide.org https://www.helpguide.org/home-pages/add-adhd.htm
American Psychological Association https://www.apa.org/topics/adhd	Mayo Clinic ADHD in Children https://www.mayoclinic.org/diseases-conditions/adhd/symptoms-causes/syc-20350889 ADHD in Adults https://www.mayoclinic.org/diseases-conditions/adult-adhd/symptoms-causes/syc-20350878
Centers for Disease Control and Prevention https://www.cdc.gov/ncbddd/adhd/index.html	Medline Plus https://medlineplus.gov/attentiondeficithyperactivitydisorder.html
Child Mind Institute https://childmind.org/topics/adhd-attention-problems/	National Alliance for Mental Illness - NAMI https://www.nami.org/About-Mental-Illness/Mental-Health-Conditions/ADHD
Cleveland Clinic ADHD Inattentive Type in Adults https://my.clevelandclinic.org/health/diseases/15253-attention-deficit-disorder-without-hyperactivity-add-in-adults ADHD in Adults https://my.clevelandclinic.org/health/diseases/5197-attention-deficit-hyperactivity-disorder-adhd-in-adults ADHD https://my.clevelandclinic.org/health/diseases/4784-attention-deficithyperactivity-disorder-adhd	National Institute of Mental Health https://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd



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