

# ADD/ADHD Resources

## Margaret E. Heggan Free Public Library

You can find books to check out using the following call number range:

618.92 – 618.928982

Search the library's catalog using the following subjects:

Attention-deficit hyperactivity disorder

1. Go to [www.hegganlibrary.org](http://www.hegganlibrary.org)
2. Click **Advanced Search**.
3. Click the **circle** next to **Browse Search**.
4. Click the **arrow** next to **words or phrase** and select **subject**.
5. Type in one of the subjects listed above and click **Search**.

### Non-Fiction

The books **listed** are a selection of the larger collection. Ask the **Reference Librarian** for help finding additional books.

<b>Neurodiversity: Discovering the Extraordinary Gifts of Autism, ADHD, Dyslexia, and Other Brain Differences / Thomas Armstrong</b> 616.8 ARM	<b>101 School Success Tools for Students with ADHD / Jacqueline Iseman</b> 616.8589 ISE
<b>The ADHD Advantage: What You Thought was a Diagnosis May Be Your Greatest Strength / Dale Archer</b> 618.8589 ARCHER	<b>Getting Ahead of ADHD: What Next-Generation Science Says about Treatments that Work – and How You Can Make Them Work for Your Child / Joel Nigg</b> 616.8580 NIGG
<b>Hyper: a Personal History of ADHD / Timothy Denevi</b> 616.8589 DENEVI	<b>Organizing Solutions for People with Attention Deficit Disorder / Susan Pinsky</b> 616.8589 PIN
<b>Overcoming ADHD: Helping Your Child Become Calm, Engaged, and Focused Without a Pill / Stanley Greenspan</b> 616.8589 GRE	<b>A Radical Guide for Women with ADHD / Sari Solden</b> 616.85889 SOLDEN
<b>Overcoming Distractions: Thriving with Adult ADD/ADHD / David Greenwood</b> 616.8589 GREENWOOD	<b>ADHD: What Every Parent Needs to Know / Mark Wolraich</b> 618.8589 WOLRAICH

### Associations

<b>Attention Deficit Disorder Association</b> <a href="https://add.org">https://add.org</a>	<b>Understood</b> <a href="https://www.understood.org">https://www.understood.org</a>
<b>Children and Adults with Attention Deficit Hyperactivity Disorder – CHADD</b> <a href="http://www.chadd.org">http://www.chadd.org</a>	

## Websites

<p><b>Centers for Disease Control and Prevention</b>  <a href="https://www.cdc.gov/ncbddd/adhd/index.html">https://www.cdc.gov/ncbddd/adhd/index.html</a></p>	<p><b>Mayo Clinic</b>            ADHD in Children  <a href="https://www.mayoclinic.org/diseases-conditions/adhd/symptoms-causes/syc-20350889">https://www.mayoclinic.org/diseases-conditions/adhd/symptoms-causes/syc-20350889</a>            ADHD in Adults  <a href="https://www.mayoclinic.org/diseases-conditions/adhd/symptoms-causes/syc-20350878">https://www.mayoclinic.org/diseases-conditions/adhd/symptoms-causes/syc-20350878</a></p>
<p><b>Cleveland Clinic</b>            ADD in Adults  <a href="https://my.clevelandclinic.org/health/diseases/15253-attention-deficit-disorder-without-hyperactivity-add-in-adults">https://my.clevelandclinic.org/health/diseases/15253-attention-deficit-disorder-without-hyperactivity-add-in-adults</a>            ADHD in Adults  <a href="https://my.clevelandclinic.org/health/diseases/5197-attention-deficit-hyperactivity-disorder-adhd-in-adults">https://my.clevelandclinic.org/health/diseases/5197-attention-deficit-hyperactivity-disorder-adhd-in-adults</a>            ADHD  <a href="https://my.clevelandclinic.org/health/diseases/4784-attention-deficithyperactivity-disorder-adhd">https://my.clevelandclinic.org/health/diseases/4784-attention-deficithyperactivity-disorder-adhd</a></p>	<p><b>Medline Plus</b>  <a href="https://www.nlm.nih.gov/medlineplus/attentiondeficithyperactivitydisorder.html">https://www.nlm.nih.gov/medlineplus/attentiondeficithyperactivitydisorder.html</a></p>
<p><b>FamilyDoctor</b>            ADHD  <a href="https://familydoctor.org/condition/attention-deficit-hyperactivity-disorder-adhd/">https://familydoctor.org/condition/attention-deficit-hyperactivity-disorder-adhd/</a>            Adult ADHD  <a href="https://familydoctor.org/condition/adult-adhd/">https://familydoctor.org/condition/adult-adhd/</a></p>	<p><b>National Institute of Mental Health</b>  <a href="http://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml">http://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml</a></p>

## Library Databases

The **databases** are an excellent resource that can be used in the library or from home. Ask the **Reference Librarian** for assistance.

- Academic Search Premier
- ERIC
- Health Reference Center
- MasterFile



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856-589-3334 · [www.hegganlibrary.org](http://www.hegganlibrary.org)